

# Elementary Menu - HPE/GWF

## January 2019

### DAILY OFFERINGS

Choice/Alternate Sandwich  
Salad Bar  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

### DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3	4
			PHILLY STEAK PINWHEELS  Jolly Green Beans  <u>Breakfast</u> FRENCH TOAST STICKS	HAMBURGER/ CHEESEBURGER  Baked Beans  <u>Breakfast</u> EGG SANDWICH
7	8	9	10	11
PIZZA BITES  Black Beans  <u>Breakfast</u> WG BAKED DONUT	TERIYAKI CHICKEN w/rice Broccoli Trees  <u>Breakfast</u> EGG OMELET	MACARONI & CHEESE  Sweet Green Peas Dinner Roll <u>Breakfast</u> PANCAKE ON A STICK	PIZZA DAY! Plain/Pepperoni/Garlic  Whole Kernel Corn  <u>Breakfast</u> MINI WAFFLES	MOZZARELLA STICKS  Jolly Green Beans  <u>Breakfast</u> WG CHOC CHIP MUFFIN
14	15	16	17	18
HOT DOGS w/Tater Tots  Crazy Carrot Coins  <u>Breakfast</u> EGG OMELET	TACO TRIANGLE TUESDAY!  Black Beans  <u>Breakfast</u> APPLE FRUDEL	CHICKEN NUGGETS  Broccoli Trees WG Rice Krispies Treat <u>Breakfast</u> PANCAKE ON A STICK	TANGERINE CHICKEN w/rice Whole Kernel Corn Dinner Roll <u>Breakfast</u> MINI PANCAKES	CRISPY FISH SANDWICH  Jolly Green Beans Cole Slaw <u>Breakfast</u> BAGEL w/CREAM CHEESE
21	22	23	24	25
NO SCHOOL 	PIZZA BITES  Sweet Green Peas  <u>Breakfast</u> MINI CINI'S	CHICKEN PATTY SANDWICH  Whole Kernel Corn  <u>Breakfast</u> PANCAKE ON A STICK	MEATBALL PINWHEELS  Crazy Carrot Coins  <u>Breakfast</u> FRENCH TOAST STICKS	GRILLED CHEESE w/Tomato Soup  Jolly Green Beans WG Goldfish Crackers <u>Breakfast</u> EGG SANDWICH
28	29	30	31	
HAMBURGER/ CHEESEBURGER  Baked Beans  <u>Breakfast</u> WG BAKED DONUT	MACHO NACHOS  Tostito's Tortilla Chips Refried Beans <u>Breakfast</u> EGG OMELET	CHICKEN TENDER WRAP  Broccoli Trees Whole Kernel Corn <u>Breakfast</u> PANCAKE ON A STICK	MACARONI & CHEESE  Sweet Green Peas Dinner Roll <u>Breakfast</u> MINI WAFFLES	<u>Choice/Alternate Sandwich Days</u>  Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad

For nutritional information please visit [www.hpschools.org](http://www.hpschools.org) or email [ccasab@hpschools.org](mailto:ccasab@hpschools.org)

Menu subject to change