

# Elementary Menu - HPE/GWF

## November

### DAILY OFFERINGS




Choice/Alternate Sandwich  
Salad Bar  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

### DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>Choice/Alternate Sandwich Days</u></b> Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad			1 <b>PIZZA DAY!</b> <i>Plain/Cheese/Garlic</i>  Whole Kernel Corn  <b><u>Breakfast</u></b> MINI WAFFLES	2 <b>NO LUNCH</b> 11:00am Dismissal PARENT/TEACHER CONFERENCES  <b><u>Breakfast</u></b> WG CHOC CHIP MUFFIN
5			6	7
<b>HAMBURGER/ CHEESEBURGER</b>  Baked Beans WG Cookie <b><u>Breakfast</u></b> EGG OMELET	<b>TERIYAKI CHICKEN</b> w/rice Broccoli Trees Dinner Roll <b><u>Breakfast</u></b> APPLE FRUDEL	<b>NO LUNCH</b> 11:00am Dismissal PARENT/TEACHER CONFERENCES  <b><u>Breakfast</u></b> WG POP TART	<b>TURKEY DINNER DAY!!!</b> Homemade Stuffing Mashed potatoes w/gravy Whole Kernel Corn <b><u>Breakfast</u></b> MINI PANCAKES	<b>PEPPERONI CALZONE</b>  Jolly Green Beans  <b><u>Breakfast</u></b> BAGEL w/CREAM CHEESE
12	13	14	15	16
<b>NO SCHOOL</b> 	<b>TACO TUESDAY</b> w/soft shell wraps  Black Beans  <b><u>Breakfast</u></b> MINI CINI'S	<b>NO LUNCH</b> 11:00am Dismissal PARENT/TEACHER CONFERENCES  <b><u>Breakfast</u></b> WG CHOC CHIP MUFFIN	<b>MACARONI &amp; CHEESE</b>  Sweet Green Peas Dinner Roll <b><u>Breakfast</u></b> FRENCH TOAST STICKS	<b>PHILLY STEAK PINWHEELS</b>  Jolly Green Beans  <b><u>Breakfast</u></b> EGG SANDWICH
19	20	21	22	23
<b>HOT DOGS</b> w/French Fries  Crazy Carrot Coins  <b><u>Breakfast</u></b> WG BAKED DONUT	<b>PIZZA BITES!</b>  Whole Kernel Corn  <b><u>Breakfast</u></b> EGG OMELET	<b>THANKSGIVING BREAK - NO SCHOOL</b> 		
26	27	28	29	30
<b>HAM &amp; SCALLOPED POTATOES</b>  Whole Kernel Corn Dinner Roll <b><u>Breakfast</u></b> EGG OMELET	<b>MACHO NACHOS</b>  Refried Beans  <b><u>Breakfast</u></b> APPLE FRUDEL	<b>CHICKEN NUGGETS</b>  Broccoli Trees Rice Krispie Treat <b><u>Breakfast</u></b> PANCAKE ON A STICK	<b>CHICKEN FAJITA WRAPS</b>  Whole Kernel Corn  <b><u>Breakfast</u></b> MINI PANCAKES	<b>MOZZARELLA STICKS</b>  Jolly Green Beans  BAGEL w/CREAM CHEESE

For nutritional information please visit [www.hpschools.org](http://www.hpschools.org) or email [ccasab@hpschools.org](mailto:ccasab@hpschools.org)

Menu subject to change