

Elementary Menu - HPE/GWF

March 2019

DAILY OFFERINGS


Choice/Alternate Sandwich
Salad Bar
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

DAILY BREAKFAST OFFERINGS

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choice Sandwich Days Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad</p> 				1
				<p>PHILLY STEAK PINWHEELS</p> <p>Jolly Green Beans</p> <p>Breakfast WG CHOC CHIP MUFFIN</p>
4	5	6	7	8
<p>FLAME BROILED CHEESEBURGERS</p> <p>Baked Beans</p> <p>Breakfast EGG OMELET</p>	<p>TANGERINE CHICKEN</p> <p>Rice Steamed Peas</p> <p>Breakfast APPLE FRUDEL</p>	<p>CRISPY FISH SANDWICH</p> <p>Homemade Cole Slaw</p> <p>Breakfast PANCAKE ON A STICK</p>	<p>TURKEY DINNER DAY!!!</p> <p>Homemade Stuffing Mashed potatoes w/gravy Whole Kernel Corn</p> <p>Breakfast MINI PANCAKES</p>	<p>MOZZARELLA STICKS</p> <p>Jolly Green Beans</p> <p>Breakfast BAGEL w/CREAM CHEESE</p>
11	12	13	14	15
<p>HAM & SCALLOPED POTATOES</p> <p>Whole Kernel Corn 6" Cheese filled Breadstick</p> <p>Breakfast WG POP TART</p>	<p>MACHO NACHOS</p> <p>Refried Beans</p> <p>Breakfast MINI CINI'S</p>	<p>CHICKEN TENDER WRAP</p> <p>Broccoli Trees</p> <p>Breakfast PANCAKE ON A STICK</p>	<p>HAM & CHEESE CROISSANTS</p> <p>Crazy Carrot Coins</p> <p>Breakfast FRENCH TOAST STICKS</p>	<p>NO SCHOOL</p> <p>Superintendent's Conference Day</p>
18	19	20	21	22
<p>MINI POP DOGS</p> <p>Baked Beans</p> <p>Breakfast WG BAKED DONUT</p>	<p>PIZZA BITES</p> <p>Sweet Peas</p> <p>Breakfast EGG OMELET</p>	<p>CHICKEN SMACKERS (large popcorn chicken)</p> <p>Jolly Green Beans WG Cheez Its</p> <p>Breakfast PANCAKE ON A STICK</p>	<p>CHICKEN PATTY SANDWICH</p> <p>Whole Kernel Corn</p> <p>Breakfast MINI WAFFLES</p>	<p>CRISPY FISH SANDWICH</p> <p>Crazy Carrot Coins</p> <p>Breakfast WG CHOC CHIP MUFFIN</p>
25	26	27	28	29
<p>FLAME BROILED CHEESEBURGERS</p> <p>Baked Beans</p> <p>Breakfast EGG OMELET</p>	<p>CHICKEN TERIYAKI w/rice</p> <p>Sweet Peas</p> <p>Breakfast APPLE FRUDEL</p>	<p>CHICKEN NUGGETS</p> <p>Broccoli Trees Rice Krispie Treat</p> <p>Breakfast PANCAKE ON A STICK</p>	<p>MACARONI & CHEESE</p> <p>Whole Kernel Corn</p> <p>Breakfast MINI PANCAKES</p>	<p>GRILLED CHEESE SANDWICH</p> <p>Tomato Soup w/crackers Crazy Carrot Coins</p> <p>Breakfast BAGEL w/CREAM CHEESE</p>

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change