Elementary Menu - HPE/GWF

DAILY OFFERINGS

Choice/Alternate Sandwich Garden Salad Peanut Butter & Jelly Assorted Fresh Fruit Assorted Canned Fruit Fresh Carrots & Celery Assorted Fresh NYS Milk

March 2021

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

<u>DAILY BREAKFAST</u> <u>OFFERINGS</u>

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
MACARONI	CHICKEN	MACHO	CHICKEN & GRAVY!	GRILLED CHEESE
& CHEESE	FAJITA WRAPS	NACHOS	over mashed potatoes	ON CIABATTA
	,	Tostito's Nacho Chips	•	w/Tomato Soup
Jolly Green Beans	Whole Kernel Corn	Cheddar Cheese Sauce	Whole Kernel Corn	Jolly Green Beans
Diced Peaches	Diced Pears	Refried Beans	Diced Pears	Mixed Fruit
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Scrambled Egg Bowties	Mini Waffles	Mini Pancakes	Mini Cinni's	WG Blueberry Muffin
8	9	10	11	12
BBQ SEASONED	PIZZA DAY!	CHICKEN & GRAVY!	CHICKEN	MOZZARELLA
RIB PATTY	Plain/Pepperoni/Garlic	over mashed potatoes	TERIYAKI	STICKS
Whole Kernel Corn	Baked Beans	Whole Kernel Corn	Steamy Rice	Jolly Green Beans
Mixed Fruit		Diced Pears	Broccoli Florets	Diced Peaches
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Mini Waffles	Mini Pancakes	Mini Cinni's	Scrambled Egg Bowties	WG Choc Chip Muffin
15	16	17	18	19
CHICKEN	CHICKEN	PIZZA DAY!	<i>TANGERINE</i>	GRILLED CHEESE
PATTY SANDWICH	NUGGETS	Plain/Pepperoni/Garlic	CHICKEN	ON CIABATTA
				w/Tomato Soup
Whole Kernel Corn	Steamy Rice	Baked Beans	Steamy Rice	Diced Peaches
Mixed Fruit	Diced Pears		Broccoli Florets	Jolly Green Beans
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Scrambled Egg Bowties	Mini Waffles	Mini Pancakes	Mini Cinni's	WG Blueberry Muffin
22	23	24	25	26
CHICKEN	CHICKEN	TEXAS WESTERN	HOMEMADE	CRISPY FISH
NUGGETS	PATTY SANDWICH	PULLED PORK SANDWICH	GOULASH	SANDWICH
				w/cole slaw
Steamy Rice	Whole Kernel Corn	Baked Beans	Whole Kernel Corn	Jolly Green Beans
Broccoli Florets	Mixed Fruit <u>Breakfast</u>	Mixed Fruit	Diced Pears	Diced Peaches
<u>Breakfast</u> WG Choc Chip Muffin	<u>Breakjasi</u> Mini Pancakes	<u>Breakfast</u> Mini Cinni's	<u>Breakfast</u> Scrambled Egg Bowties	<u>Breakfast</u> WG Choc Chip Muffin
29	30	31		
TANGERINE	MACHO	CHICKEN	*You may notice	<u>Choice/Alternate</u>
CHICKEN	NACHOS	FAJITA WRAPS	repeating menu items. This is done	Sandwich Days
OIII OILDIV	Tostito's Nacho Chips	11191111 111111111111111111111111111111	to accommodate	Mon: Tuna/Cheese
Steamy Rice	Cheddar Cheese Sauce	Whole Kernel Corn	different	Tue: Bologna/Cheese
Broccoli Florets	Refried Beans	Diced Pears	attendance	Wed: Turkey/Cheese
Breakfast	Breakfast	Breakfast	schedules.	Thu: Ham/Cheese
Scrambled Egg Bowties	Mini Waffles	Mini Pancakes		Fri: Egg Salad