

# Holland Patent Elementary - HPE & GWF

## DAILY LUNCH OFFERINGS

Choice/Alternate Sandwich  
Salad Bar  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk


## September 2019

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected.

## DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5	6
<u>Alternate Sandwich Days</u>	<p>2019-20 Prices \$1.00 Breakfast \$2.50 Lunch Free and Reduced Meals: No Charge!</p> <p><b>Fill out a free and reduced meal application today!</b></p>		CHICKEN NUGGETS	PHILLY STEAK PINWHEELS
Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad			Rice Tiny Broccoli Trees	Jolly Green Beans
			<u>Breakfast:</u> MINI WAFFLES	<u>Breakfast:</u> WG CHOC CHIP MUFFIN
9	10	11	12	13
PIZZA QUESADILLA	CHICKEN FAJITAS	CHICKEN PATTY SANDWICH	PIZZA DAY! Cheese/Pepperoni/Garlic	CRISPY FISH SANDWICH
Salsa Black Beans <u>Breakfast:</u> EGG OMELET	Crazy Carrot Coins <u>Breakfast:</u> APPLE FRUDEL	Whole Kernel Corn WG Cheez Its <u>Breakfast:</u> PANCAKE ON A STICK	Vegetarian Baked Beans <u>Breakfast:</u> MINI PANCAKES	Jolly Green Beans Homemade Cole Slaw <u>Breakfast:</u> BAGEL w/CREAM CHEESE
16	17	18	19	20
HAMBURGERS CHEESEBURGERS	TERIYAKI CHICKEN	CHICKEN TENDER WRAP	HAM & CHEESE CROISSANTS	GRILLED CHEESE w/Tomato Soup
Vegetarian Baked Beans <u>Breakfast:</u> WG POP TART	Rice Tiny Broccoli Trees <u>Breakfast:</u> MINI CINI'S	Whole Kernel Corn <u>Breakfast:</u> PANCAKE ON A STICK	Crazy Carrot Coins <u>Breakfast:</u> FRENCH TOAST STICKS	Jolly Green Beans WG Goldfish Crackers <u>Breakfast:</u> EGG SANDWICH
23	24	25	26	27
MINI POP DOGS	TANGERINE CHICKEN	CHICKEN SMACKERS (large popcorn chicken)	TOTALLY TACO WEDGES	MOZZARELLA STICKS
Whole Kernel Corn <u>Breakfast:</u> WG BAKED DONUT	Rice Tiny Broccoli Trees <u>Breakfast:</u> EGG OMELET	Jolly Green Beans WG Rice Krispies Treat <u>Breakfast:</u> PANCAKE ON A STICK	Salsa Black Beans <u>Breakfast:</u> MINI WAFFLES	Crazy Carrot Coins <u>Breakfast:</u> WG CHOC CHIP MUFFIN
30				
HOT DOGS w/Tater Tots				
Whole Kernel Corn <u>Breakfast:</u> EGG OMELET				

For Nutritional Information please visit [hpschools.org](http://hpschools.org) or email to [ccasab@hpschools.org](mailto:ccasab@hpschools.org)

Menu is subject to change