

DAILY OFFERINGS Choice/Alternate Sandwich Salad Bar Peanut Butter & Jelly Assorted Fresh Fruit Assorted Canned Fruit Fresh Carrots & Celery Assorted Fresh NYS Milk

January 2019

Meal Pattern Compliance All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected <u>Choice/Alternate</u> <u>Sandwich Days</u>

Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------|---|---|---|---|
| | BDDI Hew Yeari | | 3 PHILLY STEAK PINWHEELS Jolly Green Beans | 4 HAMBURGER/ CHEESEBURGER Baked Beans |
| 7 | 8 | 9 | 10 | 11 |
| CHICKEN QUESADILLA Black Beans | <i>TERIYAKI CHICKEN</i> w/rice Broccoli Trees | MACARONI & CHEESE Sweet Green Peas Dinner Roll | PIZZA DAY! Buffalo/Pepperoni/Garlic Whole Kernel Corn | <i>MOZZARELLA STICKS</i> Jolly Green Beans |
| 14 | 15 | 16 | 17 | 18 |
| HOT DOGS | TACO TRIANGLE | CHICKEN | TANGERINE | CRISPY FISH |
| w/Tater Tots | TUESDAY! | NUGGETS | CHICKEN w/rice | SANDWICH |
| Crazy Carrot Coins | Black Beans | Broccoli Trees WG Rice Krispies Treat | Whole Kernel Corn Dinner Roll | Jolly Green Beans Cole Slaw |
| 21 | 22 | 23 | 24 | 25 |
| NO SCHOOL | NO LUNCH | CHICKEN PATTY | MEATBALL | NO LUNCH |
| A Little King | SERVICE | SANDWICH Whole Kernel Corn | PINWHEELS Crazy Carrot Coins | SERVICE |
| 28 | 29 | 30 | 31 | |
| HAMBURGER/ CHEESEBURGER | MACHO NACHOS | CHICKEN TENDER WRAP | MACARONI & CHEESE | |
| Baked Beans WG Cookie | Tostito's Tortilla Chips Refried Beans | Broccoli Trees Whole Kernel Corn | Sweet Green Peas Dinner Roll | |

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change