

Holland Patent High School and Middle School

September 2019

DAILY OFFERINGS


Choice/Alternate Sandwich
Salad Bar
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

Choice/Alternate Sandwich Days

Mon: Tuna/Cheese
Tue: Bologna/Cheese
Wed: Turkey/Cheese
Thu: Ham/Cheese
Fri: Egg Salad

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| <div style="border: 2px solid purple; padding: 10px; text-align: center;"> <p>Lunch: \$2.50 Free and Reduced: No charge</p> <p>Fill out a free and reduced meal application today!</p> </div> | | | 5 | 6 |
| | | | <p><i>CHICKEN NUGGETS</i></p> <p>Rice Tiny Broccoli Trees</p> | <p><i>PHILLY STEAK</i> <i>PINWHEELS</i></p> <p>Jolly Green Beans</p> |
| 9 | 10 | 11 | 12 | 13 |
| <p><i>PIZZA</i> <i>QUESADILLA</i></p> <p>Salsa Black Beans</p> | <p><i>CHICKEN</i> <i>FAJITAS</i></p> <p>Crazy Carrot Coins</p> | <p><i>CHICKEN PATTY</i> <i>SANDWICH</i></p> <p>Whole Kernel Corn WG Cheez Its</p> | <p><i>PIZZA DAY!</i> <i>Buffalo/Pepperoni/Garlic</i></p> <p>Vegetarian Baked Beans</p> | <p><i>CRISPY FISH</i> <i>SANDWICH</i></p> <p>Jolly Green Beans Homemade Cole Slaw</p> |
| 16 | 17 | 18 | 19 | 20 |
| <p><i>HAMBURGERS</i> <i>CHEESEBURGERS</i></p> <p>Vegetarian Baked Beans</p> | <p><i>TERIYAKI</i> <i>CHICKEN</i></p> <p>Rice Tiny Broccoli Trees</p> | <p><i>CHICKEN TENDER</i> <i>WRAP</i></p> <p>Whole Kernel Corn</p> | <p><i>HAM & CHEESE</i> <i>CROISSANTS</i></p> <p>Crazy Carrot Coins</p> | <p><i>GRILLED CHEESE</i> <i>w/Tomato Soup</i></p> <p>Jolly Green Beans WG Goldfish Crackers</p> |
| 23 | 24 | 25 | 26 | 27 |
| <p><i>MINI POP</i> <i>DOGS</i></p> <p>Whole Kernel Corn</p> | <p><i>TANGERINE</i> <i>CHICKEN</i></p> <p>Rice Tiny Broccoli Trees</p> | <p><i>CHICKEN SMACKERS</i> <i>(large popcorn chicken)</i></p> <p>Jolly Green Beans WG Rice Kripies Treat</p> | <p><i>TOTALLY TACO</i> <i>WEDGES</i></p> <p>Salsa Black Beans</p> | <p><i>MOZZARELLA</i> <i>STICKS</i></p> <p>Crazy Carrot Coins</p> |
| 30 |  | | | |
| <p><i>HOT DOGS</i> <i>w/Tater Tots</i></p> <p>Whole Kernel Corn</p> | | | | |

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change