

# Elementary Menu - HPE/GWF

## January 2020

### DAILY OFFERINGS





Choice/Alternate Sandwich  
Salad Bar  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

### DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Choice/Alternate Sandwich Days</u>  Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad		1	2	3
WINTER RECESS - NO SCHOOL				
6	7	8	9	10
 <b>PRETZEL DOGS</b>  Crazy Carrot Coins <u>Breakfast</u> EGG OMELET	<b>TEXAS WESTERN PULLED PORK SANDWICH</b>  Homemade Cole Slaw Baked Beans <u>Breakfast</u> APPLE FRUDEL	<b>CHICKEN NUGGETS</b>  Whole Kernel Corn Tiny Broccoli Trees <u>Breakfast</u> PANCAKE ON A STICK	<b>TANGERINE CHICKEN</b>  Rice Tiny Broccoli Trees <u>Breakfast</u> MINI PANCAKES	<b>MOZZARELLA STICKS</b>  Sweet Green Peas <u>Breakfast</u> BAGEL w/CREAM CHEESE
13	14	15	16	17
<b>HAMBURGERS CHEESEBURGERS</b>  Jolly Green Beans <u>Breakfast</u> WG POP TART	<b>MACARONI &amp; CHEESE</b>  Sweet Green Peas <u>Breakfast</u> MINI CINI'S	<b>CHICKEN TENDER WRAP</b>  Whole Kernel Corn <u>Breakfast</u> PANCAKE ON A STICK	<b>PIZZA DAY!</b> <i>Plain/Pepperoni/Garlic</i>  Baked Beans <u>Breakfast</u> FRENCH TOAST STICKS	 <b>CIABATTA GRILLED CHEESE</b>  Carrot Coins <u>Breakfast</u> EGG SANDWICH
20	21	22	23	24
<b>NO SCHOOL</b> 	<b>PIZZA CRUNCHERS</b>  Carrot Coins <u>Breakfast</u> EGG OMELET	<b>CHICKEN PATTY SANDWICH</b>  Whole Kernel Corn WG Cheez Its <u>Breakfast</u> PANCAKE ON A STICK	<b>HAM &amp; CHEESE CROISSANTS</b>  Jolly Green Beans <u>Breakfast</u> MINI WAFFLES	<b>CRISPY FISH SANDWICH</b>  Sweet Green Peas Homemade Cole Slaw <u>Breakfast</u> WG CHOC CHIP MUFFIN
27	28	29	30	31
<b>PIZZA QUESADILLA</b>  Crazy Carrot Coins <u>Breakfast</u> EGG OMELET	<b>MACHO NACHOS</b>  Tostito's Nacho Chips Black Beans <u>Breakfast</u> APPLE FRUDEL	<b>CHICKEN SMACKERS</b> <i>(large popcorn chicken)</i>  Rice Tiny Broccoli Trees <u>Breakfast</u> PANCAKE ON A STICK	<b>MINI CORN DOGS</b>  Sweet Green Peas <u>Breakfast</u> MINI PANCAKES	<b>HOT DOGS w/Tater Tots</b>  Whole Kernel Corn <u>Breakfast</u> BAGEL w/CREAM CHEESE

For nutritional information please visit [www.hpschools.org](http://www.hpschools.org) or email [ccasab@hpschools.org](mailto:ccasab@hpschools.org)

Menu subject to change