

Elementary Menu - HPE/GWF

November 2019

DAILY OFFERINGS





Choice/Alternate Sandwich
Salad Bar
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

DAILY BREAKFAST OFFERINGS

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Choice/Alternate Sandwich Days</u></p> <p>Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad</p>				<p>1</p> <p>NO LUNCH</p> <p>11:00am Dismissal PARENT/TEACHER CONFERENCES</p> <p><u>Breakfast</u> WG CHOC CHIP MUFFIN</p>
				
4	5	6	7	8
<p>HOT DOGS w/Tater Tots</p> <p>Whole Kernel Corn</p> <p><u>Breakfast</u> EGG OMELET</p>	<p>MACHO NACHOS</p> <p>Tostito's Nacho Chips Cheddar Cheese Sauce Black Beans</p> <p><u>Breakfast</u> APPLE FRUDEL</p>	<p>NO LUNCH</p> <p>11:00am Dismissal PARENT/TEACHER CONFERENCES</p> <p><u>Breakfast</u> WG POP TART</p>	<p>PIZZA DAY!</p> <p>Plain/Garlic/Pepperoni</p> <p>Vegetarian Baked Beans</p> <p><u>Breakfast</u> MINI PANCAKES</p>	<p>CRISPY FISH SANDWICH</p> <p>Jolly Green Beans Homemade Cole Slaw</p> <p><u>Breakfast</u> BAGEL w/CREAM CHEESE</p>
11	12	13	14	15
<p>NO SCHOOL</p> 	<p>TERIYAKI CHICKEN</p> <p>Rice Tiny Broccoli Trees</p> <p><u>Breakfast</u> MINI CINI'S</p>	<p>NO LUNCH</p> <p>11:00am Dismissal PARENT/TEACHER CONFERENCES</p> <p><u>Breakfast</u> WG CHOC CHIP MUFFIN</p>	<p>TURKEY DINNER DAY!!!</p> <p>Homemade Stuffing Mashed potatoes w/gravy Whole Kernel Corn</p> <p><u>Breakfast</u> FRENCH TOAST STICKS</p>	<p>PIZZA CRUNCHERS</p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> EGG SANDWICH</p>
18	19	20	21	22
<p>HAMBURGERS CHEESEBURGERS</p> <p>Jolly Green Beans</p> <p><u>Breakfast</u> EGG OMELET</p>	<p>TANGERINE CHICKEN</p> <p>Rice Tiny Broccoli Trees</p> <p><u>Breakfast</u> APPLE FRUDEL</p>	<p>CHICKEN NUGGETS</p> <p>Sweet Green Peas</p> <p><u>Breakfast</u> PANCAKE ON A STICK</p>	<p>CHICKEN FAJITA WRAPS</p> <p>Whole Kernel Corn</p> <p><u>Breakfast</u> MINI PANCAKES</p>	<p>TEXAS WESTERN PULLED PORK SANDWICH</p> <p>Homemade Cole Slaw Crazy Carrot Coins</p> <p><u>Breakfast</u> BAGEL w/CREAM CHEESE</p>
25	26	27	28	29
<p>PIZZA DAY!</p> <p>Plain/Garlic/Pepperoni</p> <p>Vegetarian Baked Beans</p> <p><u>Breakfast</u> WG BAKED DONUT</p>	<p>CHICKEN PATTY SANDWICH</p> <p>Crazy Carrot Coins WG Cheez Its</p> <p><u>Breakfast</u> EGG OMELET</p>	<p>THANKSGIVING BREAK - NO SCHOOL</p>  <p>Happy Thanksgiving</p> 		

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change