

Holland Patent High School & Middle School

January 2022

DAILY OFFERINGS

Choice/Alternate Sandwich
 Garden Salad
 Peanut Butter & Jelly
 Assorted Fresh Fruit
 Assorted Canned Fruit
 Fresh Carrots & Celery
 Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

Choice/Alternate Sandwich Days

Mon: Tuna/Cheese
 Tue: Bologna/Cheese
 Wed: Turkey/Cheese
 Thu: Ham/Cheese
 Fri: Egg Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BBQ RIB PATTY on a Bun Vegetarian Baked Beans	MARINATED CHICKEN SANDWICH (unbreaded) Carrot Coins	POPCORN CHICKEN Corn Kernels	TANGERINE CHICKEN w/Rice Broccoli Florets	MOZZARELLA STICKS Jolly Green Beans
10	11	12	13	14
HOT DOG & TATER TOTS Jolly Green Beans	CHICKEN & GRAVY Mashed Potatoes Corn Kernels	CHICKEN NUGGETS Rice Broccoli Florets	PIZZA DAY! Vegetarian Baked Beans	FISH SANDWICH w/Tartar Sauce Carrot Coins
17	18	19	20	21
No School 	MAC & CHEESE Carrot Coins	CHICKEN PATTY SANDWICH Broccoli Florets	TEXAS WESTERN PULLED PORK Cole Slaw Vegetarian Baked Beans	SLOPPY JOE SANDWICH Jolly Green Beans
24	25	26	27	28
HOMEMADE GOULASH Corn Kernels	HAM & CHEESE CROISSANTS Carrot Coins	CHICKEN TENDER WRAP Sweet Green Peas	CHICKEN TERIYAKI w/Rice Broccoli Florets	MINI CORN DOGS Jolly Green Beans
31				
MACHO NACHOS w/Tostitos Nacho Chips Black Beans				

Menu subject to change