



Symptoms of COVID-19 include the following:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Symptoms may appear 2-14 days after exposure to the virus.

STAY HOME IF...

You have a fever - *Temperature of 100°F or higher.*

You are vomiting - *Within the past 24 hours.*

You have diarrhea - *Within the past 24 hours.*

You have a rash - *Body rash with itching or fever.*

You have head lice - *Itchy head, active head lice.*

You have an eye infection - *Redness, itching and/or "crusty" drainage from eye.*

You have been in the hospital - *Hospital stay and/or ER visit.*

You have any symptoms of COVID-19.

GO BACK TO SCHOOL WHEN...

Fever free for 24 hours - *Without the use of fever reducing medicine.*

Free from vomiting - *For at least two solid meals.*

Free from diarrhea - *For at least 24 hours.*

Free from rash, itching or fever - *And evaluated by your doctor if needed.*

Treated with appropriate lice treatment at home - *and your child is nit and lice free, as examined by the school nurse (see letter provided by Health Office.)*

Evaluated by a doctor - *And have a note to return to school.*

Released by medical provider - *To return to school.*

You've had symptoms of COVID-19, and you meet this criteria - *Per the NYS Department of Health, anyone with new or worsening symptoms of COVID-19 must be excluded from school, regardless of vaccination status, and either (a) provide a negative COVID test result, or (b) remain excluded from school for a minimum of 10 calendar days from symptom onset, prior to returning to school. If symptoms are improving AND you are fever-free for at least 24 hours without the use of fever reducing medicines, you may return to school with either a note from the healthcare provider indicating the test was negative OR a copy of the negative test result.*